Certainly! Both "may" and "might" are modal verbs used to express possibility, permission, or uncertainty, but they have slightly different nuances. Here's how they are used:

May:

- Expressing Possibility: "May" is used to express possibility or likelihood, indicating that something is possible or probable.
 - Example: "It may rain later today."
- Seeking Permission: "May" is used to ask for permission politely.
 - Example: "May I borrow your book?"
- Offering Permission: "May" is also used to grant permission formally.
 - Example: "You may leave the meeting early."
- Expressing Polite Requests or Offers: "May" is used to make polite requests or offers.
 - Example: "May I help you with your bags?"

Might:

- Expressing Possibility: "Might" is used to express a lower degree of possibility or likelihood compared to "may." It indicates a possibility that is less certain.
 - Example: "He might be late for the meeting."
- Hedging Statements: "Might" is often used to hedge statements, indicating uncertainty or tentativeness.
 - Example: "I might go to the party, but I'm not sure yet."
- Polite Suggestions or Offers: "Might" can also be used to make polite suggestions or offers.
 - Example: "You might want to consider taking a break."

Key Differences:

- "May" suggests a higher degree of possibility or likelihood compared to "might."
- "Might" is often used when the possibility is less certain or when expressing tentativeness.
- Both can be used to seek or grant permission, but "may" is considered more formal and polite.

It's important to note that both "may" and "might" can be used interchangeably in many contexts, and the choice between them often depends on the speaker's preference and the level of certainty they wish to convey.