

How to Create Double Exposure Effect in Premiere Pro with Lumetri Color

Step 1: Import Your Footage

1. Open Premiere Pro and create a new project.
2. Import the two clips you want to use for your double exposure effect.
 - One clip should be your main subject (e.g., a person or object).
 - The second clip will serve as the background image (e.g., a landscape, cityscape, or any other imagery).

Step 2: Place Clips on the Timeline

1. Place the **main subject** clip on **Video Track 1**.
2. Place the **background** clip on **Video Track 2**, ensuring it is positioned directly above the subject clip.

Step 3: Apply the Basic Double Exposure Look

1. Select the **background clip** on the timeline.
2. Go to the **Effect Controls** panel and select the **Opacity** option.
3. Change the **Blend Mode** of the background clip. The typical options for this effect are:
 - **Screen**: A popular choice that lightens the background while maintaining the contrast of the subject.
 - **Lighten**: Another option that blends both clips based on the lighter areas.
4. Experiment with different blend modes to find the best look for your footage.

Step 4: Use Lumetri Color for Advanced Adjustment

1. Select the **subject clip** (Video Track 1).
2. Go to the **Color** workspace by selecting **Window > Workspaces > Color**.
3. In the **Lumetri Color** panel, use the following tools to enhance the double exposure effect:
 - **Basic Correction**: Adjust the Exposure, Contrast, Highlights, and Shadows to balance the subject clip. You may want to reduce exposure to create a more dramatic effect.
 - **Creative**: Use the **Look** dropdown to apply a preset color grade, or adjust the **Faded Film** and **Saturation** sliders to modify the color intensity.
 - **Curves**: Use the **RGB Curves** to adjust the tonal range of the clip, which can help blend the subject and background clips more effectively.
 - **Color Wheels & Match**: Use the **Shadows**, **Midtones**, and **Highlights** color wheels to tweak the color balance, making the subject clip stand out or integrate better with the background.

Step 5: Refine the Blend

1. If needed, you can mask parts of the subject clip using the **Opacity Mask** tool (in the **Effect Controls** panel).
2. Use **Feather** to soften the edges of the mask, giving a smoother blend between the two clips